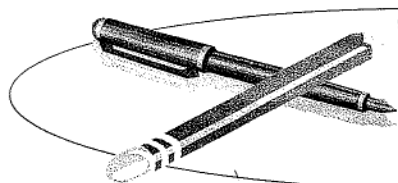


Olweus Bullying Questionnaire



Please Use a No. 2 Pencil
OR
Blue or Black Pen

Date: _____

Name of School: _____

Grade: ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12


Classroom: ☐ A ☐ B ☐ C ☐ D ☐ E ☐ F ☐ G ☐ H ☐ I ☐ J ☐ K

You will find questions in this booklet about your life in school. There are several answers next to each question. Answer each question by filling in the circle next to the answer that best describes how you think or feel. In question 1 below, if you really dislike school, fill in the circle next to "I dislike school very much." If you really like school, fill in the circle next to "I like school very much," and so on. **Fill in only one of the circles for each question.** Try to keep your marks inside of the circle.

Now, fill in the circle next to the answer that best describes how you feel about school.

1. How do you like school?

- ☐ I dislike school very much
- ☐ I dislike school
- ☐ I neither like nor dislike school
- ☐ I like school
- ☐ I like school very much

If you **fill in the wrong circle**, you can change your answer like this: Put an "X" through the wrong circle  and then fill in the circle where you want your answer to be.

Do not put your name on this booklet. No one will know how you have answered these questions. But it is important that you answer carefully and tell how you really feel. Sometimes it is hard to decide what to answer, but just try to give your best answer. If you have questions, raise your hand.

Most of the questions are about **your life in school in the past couple of months, that is, the period from the start of school after summer (winter) holiday vacation until now.** So when you answer, you should think of how it has been during the past 2 or 3 months and **not only how it is just now.**

2. Are you a boy or a girl?

- ☐ Girl
☐ Boy

3. How many good friends do you have in your class(es)?

- ☐ None
☐ I have 1 good friend in my class(es)
☐ I have 2 or 3 good friends in my class(es)
☐ I have 4 or 5 good friends in my class(es)
☐ I have 6 or more good friends in my class(es)

About being bullied by other students

Here are some questions about being bullied by other students. First we explain what bullying is. We say a **student is being bullied when another student, or several other students**

- say mean and hurtful things, or make fun of him or her, or call him or her mean and hurtful names
- completely ignore or exclude him or her from their group of friends or leave him or her out of things on purpose
- hit, kick, push, shove around, or lock him or her inside a room
- tell lies or spread false rumors about him or her or send mean notes and try to make other students dislike him or her
- and do other hurtful things like that

When we talk about bullying, these things happen **more than just once**, and **it is difficult for the student being bullied to defend himself or herself**. We also call it bullying when a student is teased more than just once in a mean and hurtful way.

But we **do not call it bullying** when the teasing is done in a friendly and playful way. Also, it is not bullying when two students of about equal strength or power argue or fight.

4. How often have you **been bullied at school in the past couple of months?**

- ☐ I have not been bullied at school in the past couple of months
☐ It has only happened once or twice
☐ 2 or 3 times a month
☐ About once a week
☐ Several times a week

Have you been bullied at school in the past couple of months in one or more of the following ways (questions 5–13)?

5. I was called mean names, was made fun of, or teased in a hurtful way.

- ☐ It has not happened to me in the past couple of months
☐ Only once or twice
☐ 2 or 3 times a month
☐ About once a week
☐ Several times a week

6. Other students left me out of things on purpose, excluded me from their group of friends, or completely ignored me.

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

7. I was hit, kicked, pushed, shoved around, or locked indoors.

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

8. Other students told lies or spread false rumors about me and tried to make others dislike me.

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

9. I had money or other things taken away from me or damaged.

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

10. I was threatened or forced to do things I did not want to do.

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

11. I was bullied with mean names or comments about my race or color.

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

12. I was bullied with mean names, comments, or gestures with a sexual meaning.

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

12a. I was bullied with mean or hurtful messages, calls or pictures, or in other ways on my cell phone or over the Internet (computer). (Please remember that it is not bullying when it is done in a friendly and playful way.)

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

12b. If you were bullied on your cell phone or over the Internet, how was it done?

- ☐ Only on the cell phone
- ☐ Only over the Internet
- ☐ In both ways

13. I was bullied in another way.

- ☐ It has not happened to me in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

14. In which class(es) is the student or students who bully you?

- ☐ I have not been bullied at school in the past couple of months
- ☐ In my class
- ☐ In a different class but the same grade (year)
- ☐ In a higher grade(s)
- ☐ In a lower grade(s)
- ☐ In both higher and lower grades

15. Have you been bullied by **boys or girls**?

- ☐ I have not been bullied at school in the past couple of months
- ☐ Mainly by 1 girl
- ☐ By several girls
- ☐ Mainly by 1 boy
- ☐ By several boys
- ☐ By both boys and girls

16. By how many students have you usually been bullied?

- ☐ I have not been bullied at school in the past couple of months
- ☐ Mainly by 1 student
- ☐ By a group of 2–3 students
- ☐ By a group of 4–9 students
- ☐ By a group of 10 or more students
- ☐ By several different students or groups of students

17. How long has the bullying lasted?

- ☐ I have not been bullied at school in the past couple of months
- ☐ It lasted 1 or 2 weeks
- ☐ It lasted about a month
- ☐ It lasted about 6 months
- ☐ It lasted about a year
- ☐ It lasted several years

18. **Where** have you been bullied?

- ☐ I have not been bullied at school in the past couple of months
☐ I have been **bullied in one or more of the following places** in the past couple of months

Please fill in the circles for all the places where you have been bullied:

- ☐ 18a. On the playground/athletic field (during recess or break times)
☐ 18b. In the hallways/stairwells
☐ 18c. In class (when the teacher was in the room)
☐ 18d. In class (when the teacher was **not** in the room)
☐ 18e. In the bathroom
☐ 18f. In gym class or the gym locker room/shower
☐ 18g. In the lunchroom
☐ 18h. On the way to and from school
☐ 18i. At the school bus stop
☐ 18j. On the school bus
☐ 18k. Somewhere else at school

19. Have you **told anyone** that you have been bullied in the past couple of months?

- ☐ I have not been bullied at school in the past couple of months
☐ I have been bullied, **but I have not told anyone**
☐ I have been bullied, and **I have told somebody about it**

Please fill in the circles for all the people you have told:

- ☐ 19a. Your class or homeroom teacher
☐ 19b. Another adult at school
☐ 19c. Your parent(s)/guardian(s)
☐ 19d. Your brother(s) or sister(s)
☐ 19e. Your friend(s)
☐ 19f. Somebody else

20. How often do **the teachers or other adults at school** try to put a stop to it when a student is being bullied at school?

- ☐ Almost never
- ☐ Once in a while
- ☐ Sometimes
- ☐ Often
- ☐ Almost always

21. How often do **other students** try to put a stop to it when a student is being bullied at school?

- ☐ Almost never
- ☐ Once in a while
- ☐ Sometimes
- ☐ Often
- ☐ Almost always

22. Has **any adult at home** contacted the school to try to stop your being bullied at school in the past couple of months?

- ☐ I have not been bullied at school in the past couple of months
- ☐ No, they have not contacted the school
- ☐ Yes, they have contacted the school once
- ☐ Yes, they have contacted the school several times

23. When you see a student your age being bullied at school, what do you **feel or think**?

- ☐ That is probably what he or she deserves
- ☐ I do not feel much
- ☐ I feel a bit sorry for him or her
- ☐ I feel sorry for him or her and want to help him or her

About bullying other students

24. How often have you **taken part in bullying another student(s)** at school in the past couple of months?

- ☐ I have not bullied another student(s) at school in the past couple of months
- ☐ It has only happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

Have you bullied another student(s) at school in the past couple of months in one or more of the following ways (questions 25–33)?

25. I called another student(s) mean names and made fun of or teased him or her in a hurtful way.

- ☐ It has not happened in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

32a. I bullied him or her with mean or hurtful messages, calls or pictures, or in other ways on my cell phone or over the Internet (computer).

- ☐ It has not happened in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

32b. If you bullied another student(s) on your cell phone or over the Internet (computer), how was it done?

- ☐ Only on the cell phone
- ☐ Only over the Internet
- ☐ In both ways

33. I bullied him or her in another way.

- ☐ It has not happened in the past couple of months
- ☐ Only once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week

34. Has your **class or homeroom teacher or any other teacher** talked with you about your bullying another student(s) at school in the past couple of months?

- ☐ I have not bullied another student(s) at school in the past couple of months
- ☐ No, they have not talked with me about it
- ☐ Yes, they have talked with me about it once
- ☐ Yes, they have talked with me about it several times

35. Has **any adult at home** talked with you about your bullying another student(s) at school in the past couple of months?

- ☐ I have not bullied another student(s) at school in the past couple of months
- ☐ No, they have not talked with me about it
- ☐ Yes, they have talked with me about it once
- ☐ Yes, they have talked with me about it several times

36. Do you think you could join in bullying a student whom you do not like?

- ☐ Yes
- ☐ Yes, maybe
- ☐ I do not know
- ☐ No, I do not think so
- ☐ No
- ☐ Definitely no

37. How do you **usually react** if you see or learn that a student your age is being bullied by another student(s)?

- ☐ I have never noticed that students my age have been bullied
- ☐ I take part in the bullying
- ☐ I do not do anything, but I think the bullying is okay
- ☐ I just watch what goes on
- ☐ I do not do anything, but I think I ought to help the bullied student
- ☐ I try to help the bullied student in one way or another

38. How often are you **afraid of being bullied** by other students in your school?

- ☐ Never
- ☐ Seldom
- ☐ Sometimes
- ☐ Fairly often
- ☐ Often
- ☐ Very often

39. Overall, how much do you think **your class or homeroom teacher** has done to cut down on bullying in your classroom in the past couple of months?

- ☐ Little or nothing
- ☐ Fairly little
- ☐ Somewhat
- ☐ A good deal
- ☐ Much

(The question below is optional. You do not have to answer this question if you do not want to.)

40. How do you describe yourself? **(Fill in all that apply.)**

- ☐ American Indian
- ☐ Black or African American
- ☐ Arab or Arab American
- ☐ Hispanic or Latino
- ☐ Asian American
- ☐ White
- ☐ Other
- ☐ I do not know

School-Specific Questions

41.

- ☐ A.
- ☐ B.
- ☐ C.
- ☐ D.
- ☐ E.

Frequency Data Only

Where do you feel that you are the safest

42.

- ☐ A.
- ☐ B.
- ☐ C.
- ☐ D.
- ☐ E.

Thank you!